

REGISTRATION FORM

Name: _____
Street: _____
City: _____
State: _____ Zip: _____
Phone: _____
Email: _____

Lunch Provided (please check one):

- I prefer Turkey
 I prefer Ham
 I prefer Tuna
 I prefer a vegetarian lunch

You may also register via e-mail:

Denise.washington@dbhds.virginia.gov

FAX : (703) 207-7304

*Please be sure to include all the above info in your
correspondence

Directions to Fairfax Government Center

From the Capital Beltway, I-495 exit 1-66 West

Exit 55B, onto Fairfax County Parkway North (Route 7100)

Right turn into Fair Lakes Parkway East

Right turn at light onto Monument Drive

Right turn at light onto Government Center Parkway

Government Center is to the left

From Route 50 West

Exit West Ox Road South (Route 608)

Left turn at light onto Monument Drive

Right turn at light onto Government Center Parkway

Government Center on the left

From Route 29 North

Left turn at light onto Forum Drive

Left turn at light onto Government Center Parkway

Questions Call: 703-208-6348

Northern Virginia Mental Health Institute
3302 Gallows Road
Falls Church, VA 22042
Attn: Denise Washington



**Recovery
Partnerships**

Building Bridges to Personal Safety

***Running
Toward
Wellness:
“System of Change”***

June 16, 2015

9:00 am — 3:30 pm

Board of Supervisors Auditorium

Fairfax Government Center

12000 Government Center Pkwy

Fairfax, VA 22035

**Parking is available in the Government
Center parking lot**

FREE REGISTRATION

RSVP—June 8, 2015

Dear Consumers, Family Members and Providers:

The Regional Community Support Center (RCSC) at Northern Virginia Mental Health Institute is proud to announce its 7th Annual Recovery Conference. This year's focus will reflect on running toward wellness: system of change.

Recovery happens in communities and neighborhoods where people live so they can access natural support systems and live a life of independence. Our overall goal is to equip consumers, family members and providers with valuable on-going trainings on how to properly promote and support recovery.

The workshop will focus on *Trauma from Violence*, describing trauma that consumers carry and how we can not only overcome the trauma, heal, but stand and speak boldly to help other peers while we continue together running towards wellness while the system is forever changing.

Sincerely,

Regional Community Support Center at NVMHI.

For Event information or to request special accommodations call Denise Washington @ NVMHI 703-208-6348

For additional ADA information please contact the Fairfax County Office of Equity Programs at 703-324-2953 / TTY 711.

Please allow two (2) working days in advance of the event in order to make the necessary arrangements



Conference Schedule

9:00AM * Registration and networking

(Coffee with light refreshments)

10:00AM * Welcome by Daniel Herr

Assistant Commissioner, Department of Behavioral Health and Developmental Services

10:15AM * Antonio Lambert NY Times video

10:30AM—11:30AM Antonio Lambert Story

11:30—12:30 * Lunch

12:30—2:00PM * Interactive Workshop—Recovery Relationships

2:00—2:15 Break

2:15– 2:30 Q & A

2:30 PM-3:15PM * Panel

The Regional Community Support Center at NVMHI is dedicated to:

- * *The safety of consumers, families and service providers***
- * *The elimination of the need for coercion and the use of seclusion and restraint***
- * *The full integration of trauma-informed care in all care settings***
- * *Positive partnerships between consumers and service providers***
- * *Healing treatments that inspire hope and make recovery possible***

Presenter

Antonio Lambert



Certified Peer Specialist/National speaker/National Consultant/ Trainer

After 16 years of incarceration, Antonio emerged severely depressed, confused and uncertain yet determined to stop the cycle.

With the help of a mentor, Antonio learned he could turn adversity into opportunities and set about building a life full of meaning not only for himself but others in similar situations. Antonio found hope and a new direction for his life. He began work as an ACT Peer Specialist in 2001.

As a result of his remarkable journey and contributions to mental health throughout the U.S. Antonio was the subject of a feature story in the New York Times. Antonio brings forth the courage, strength and creative ways to engage and motivate participants to leave with new, Inspiration and meaningful ideas that will embark on a system of change.

Antonio's favorite quote:

“The world is full of difficulties but it is also full of overcoming them”.—Helen Keller